

EMERGENCY INFORMATION FOR: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_

In case neither of the above can be reached, please notify:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Are there any medical problems a coach or physician should be aware of?

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_

**PERMISSION FOR MEDICAL TREATMENT**

In the event of an emergency requiring medical attention, I hereby grant permission to a physician or other hospital personnel to attend to my son/daughter. I expect every effort will be made to contact me in order to receive my specific authorization before any treatment or hospitalization is undertaken.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**ACKNOWLEDGEMENT OF SCHOOL DISTRICT NO. 12 MIDDLE SCHOOL ATHLETIC CODE AND ELGIBILITY REQUIREMENTS FOR PARTICIPATION:**

We have received, read and thoroughly understand the rules given regarding the conduct and requirements of middle school athletics. We understand that their rules are important in helping the student become a good athlete and a good citizen with a high sense of moral integrity, a competitive spirit, and the ability to be honest and forthright in all endeavors. We understand and agree to abide by these rules as a middle school athlete.

Signature of Athlete \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Sport: \_\_\_\_\_  
 Initial Physical Exam  
 Medical Re-Evaluation



**2009-2010  
MIDDLE SCHOOL ATHLETIC PROGRAM  
STATEMENT BY PHYSICIAN AND PARENT FOR ATHLETIC PARTICIPATION**

I hereby certify that I have examined \_\_\_\_\_ Birthdate \_\_\_\_\_ and that the student was found physically fit to engage in middle school girls basketball, boys basketball, volleyball, wrestling, track, softball, football. (Please cross out any sport in which the student should not participate.)

Date: \_\_\_\_\_ Signed: \_\_\_\_\_  
(Valid for 365 days unless rescinded) Physician (Must be signed by a physician)

**Ethnicity - Please Check One**

- (01) American Indian
- (02) Asian
- (03) Black/African American
- (04) Hispanic/Latino
- (05) Caucasian/Europe/MD Eastern
- (06) Pacific Islander/Hawaiian

**PARENT OR GUARDIAN PERMIT**

**WARNING:** Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants can, and have the responsibility to help reduce the chance of injury. **PLAYERS MUST OBEY ALL SAFETY RULES, REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY.**

By signing this permission form, we acknowledge that we have read and understand this warning.

PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.

I hereby give my consent for \_\_\_\_\_ Grade: \_\_\_\_\_  
to compete in athletics for \_\_\_\_\_ in Colorado

(School)

Middle School approved sports, except those crossed out below:

Girls Basketball      Boys Basketball      Softball      Volleyball  
Wrestling              Track              Football

The student will be responsible for lost or damaged uniforms. Parents will be responsible for the cost of replacement.

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Student Signature: \_\_\_\_\_ Student Social Security # \_\_\_\_\_

**NOTE:** This assessment should be on file in the principal's office for every student participating in inter-school athletic competition.

**INSURANCE WAIVER**

In compliance with the school district requirement that every student participating in the organized athletic program shall be covered by appropriate medical/accident insurance or a guarantee of financial responsibility by the parent or guardian for any injury or accident which may occur during participation in the athletic program, I hereby certify that the above-named student has the following insurance coverage:

(Name of Insurance Coverage)      (Type of Coverage)      (Amount of Coverage)

or I hereby certify that I assume full and complete financial responsibility relative to any injury or accident occurring during participation in the athletic program.

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

## MIDDLE SCHOOL ATHLETIC CODE

The conduct of an Adams Twelve Middle School athlete is closely observed by many people. An athlete is a representative of the team, the middle school and the community. It is important, therefore, that an Adams Twelve Middle School athlete maintain high standards in all aspects of adolescent and young adult life. Since participation in athletics is a privilege, not a right, maintenance of such high standards, which are reflected in board and school policy/procedure, is a condition of team membership and participation. ***Failure to maintain such standards may result in an athlete's elimination from athletic participation.***

### AS AN ADAMS TWELVE MIDDLE SCHOOL ATHLETE AND PARENT/GUARDIAN:

It is understood that athletes are responsible for knowing district and school rules for proper behavior. Athletes are on notice of the following specific rules and penalties:

1. Prior to imposition of any suspension from athletics, the principal or designee shall have an informal conference with the athlete regarding claims that one or more rule(s) have been violated, and the athlete's response to such claims.
2. Consumption or possession of alcoholic beverages; use or possession of steroids other than as prescribed or by someone other than a person named in a prescription; use or possession of controlled substances of any kind, or of tobacco (Board Policies Codes: 4145.3, 5145.4, 5145.41), is strictly prohibited for athletes. Violation of these rules will subject an athlete to suspension from participation in athletics, in addition to other penalties imposed under law or pursuant to board or school policies, procedures, rules or regulations.

- a. It is understood the first violation will result in the immediate suspension from athletic competition for 15 practice days. The athlete will be required to attend all 15 days of practice before reinstatement for competition.

It is understood that the second violation of these rules will result in the athlete being suspended from participation for 19 practice days. The athlete will be required to attend an additional 6 days of practice before reinstatement for competition.

It is understood that the third violation of these rules will result in the athlete's being suspended from participation or contact with any team involved in interscholastic activity for an indefinite period of not less than one (1) calendar year. Participation following the one-year suspension will be subject to the determination of the principal. In making this determination the principal shall be guided by considerations regarding the impact of the violation on the overall school program, the attitude of the athlete regarding the violation, the behavior of the athlete during the period of suspension, and such other factors as may relate to the well-being of the individual athlete and the entire school program.

- b. In determining the exact length of each suspension, "a practice day" shall be defined as a day in which the team with which the athlete is associated with or intends to be associated with either practices or has a game. Competition suspension shall be defined as no contact with the team in interscholastic competition. The period of suspension shall carry over into the next succeeding sport in which that athlete intends to participate.

3. It is understood that any serious breach of school standards may result in an athlete being suspended from athletic participation for a period of time to be determined by the principal or designee.
4. An athlete who has been determined to be in violation of this code at the school may be granted an appeal to a district-wide committee comprised of one (1) middle school building principal, two (2) middle school athletic directors, and two (2) athletic coaches, one (1) from the building of the complainant, and chaired by the district athletic director.
5. It is understood that the athlete's complete attendance at school on the day of a practice session or game is mandatory in order to participate in that practice session or game. Exceptions must be approved in advance by the principal or designee.

6. It is understood that the athlete accepts the responsibility for all athletic equipment issued and shall provide for its proper care, storage, and return. Athletes shall assume responsibility for athletic equipment not returned when due and shall be suspended from athletics until all equipment is either returned or paid for. By signing this form, a parent/guardian expresses willingness to assume liability for the cost of replacement of equipment not returned or paid for.
7. It is understood that sportsmanship and its many facets, such as loyalty to school, coaching staff, and team members, respect for all officials, modesty in victory, graciousness in defeat, and pride in giving a maximum effort, will be shown at all times. Athletic coaches may give consideration to these characteristics in determining an athlete's eligibility for awards and honors.
8. We understand the importance of notifying the coach immediately if the athlete considers dropping from a squad. No athlete may drop one sport and begin participation in another until the regular season of the first sport has been completed. Exceptions must be approved by both coaches involved and the principal.
9. It is recommended that students on an Adams Twelve middle school athletic team NOT participate or compete in any other like athletic program from the first day of practice in an Adams Twelve season.

*The Middle School Athletic Association makes this requirement for the following reasons:*

- a. Youth at this age level are undergoing many changes. Excessive physical exertion can be detrimental to the student's development.
  - b. A balance of time spent at school, in athletic and/or community programs, and at home should be reached for the proper emotional development of youth at this age. Over-participation in any of these areas can be detrimental to this development.
  - c. The demands on a young person's time and energy from such a situation can definitely create undue pressures. Conflicting practice time, game schedules, and coaching philosophies are more harmful than we may sometimes realize. A coach's or school's rules regarding attendance at practice, etc., may cause an athlete to be dropped from a squad because of such conflicts.
10. Any issue not covered by this code shall be resolved by the coach and/or the principal or designee.

For these reasons, the Middle School Athletic Association hopes and desires that, as parents, you will discourage your child from becoming involved in more than one athletic activity at any one time. We strongly urge you to consider these factors so that your child's experience in athletics can be an enjoyable and healthy one.

This code will be in effect for one calendar year. It is understood that participation in athletics beyond the effective date of this code is subject to the athletes' and parent/guardians' signing a new code.

THEREFORE:

We have read and we thoroughly understand the rules given above regarding the conduct of an Adams Twelve Middle School athlete. We understand that these rules are important in helping the student become a good athlete and a good citizen with a high sense of moral integrity, a competitive spirit, and the ability to be honest and forthright in all endeavors. We understand and agree to abide by these rules.

Date: \_\_\_\_\_ Athlete: \_\_\_\_\_

Date: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_